

## 25.04 – 29.04 menüü

	<b>Esmaspäev 25.04.2022</b>	<b>Teisipäev 26.04.2022</b>	<b>Kolmapäev 27.04.2022</b>	<b>Neljapäev 28.04.2022</b>	<b>Reede 29.04.2022</b>
Hommiüksööök	<ul style="list-style-type: none"> <li>Rukkihelbepuder 120g/200g</li> <li>Või 3g /5g</li> <li>Piim (PRIA) 120g/200g</li> </ul>	<ul style="list-style-type: none"> <li>Neljaviijahelbepuder 120g/200g</li> <li>Piim (PRIA) 120g/200g</li> <li>Keedis 15g/20g</li> </ul>	<ul style="list-style-type: none"> <li>Kaerahelbesupp 150g/250g</li> <li>Sepik singivahuga 25g/35g</li> </ul>	<ul style="list-style-type: none"> <li>8-viljahelbepuder kliidega 120g/200g</li> <li>Kirsi toormoos 15g/20g</li> <li>Piim (PRIA) 120g/200g</li> </ul>	<ul style="list-style-type: none"> <li>Mannapuder 120g/200g</li> <li>Või 3g/5g</li> <li>Piim (PRIA) 120g/200g</li> </ul>
Vitamiinipaus	<ul style="list-style-type: none"> <li>Värske kapsas (PRIA) 30g</li> </ul>	<ul style="list-style-type: none"> <li>Porgand (PRIA) 30g</li> </ul>	<ul style="list-style-type: none"> <li>Valge redis(PRIA) 30g</li> </ul>	<ul style="list-style-type: none"> <li>Kaalikas (PRIA) 30g</li> </ul>	<ul style="list-style-type: none"> <li>Porgand (PRIA) 30g</li> </ul>
Lõunasööök	<ul style="list-style-type: none"> <li>Hakklihakaste 100g/130g</li> <li>Tatar 80g/120g</li> <li>Rukkileib 15g/25g</li> <li>Peedisalat 40g/50g</li> <li>Keefiri-virsikukokteil 120g/200g</li> </ul>	<ul style="list-style-type: none"> <li>Hernesupp sealihast, maitserohelisega 200g/250g</li> <li>Teraleib 15g/20g</li> <li>Kamavaht 100g/130g</li> <li>Piim(PRIA) 100g/120g</li> </ul>	<ul style="list-style-type: none"> <li>Kala koorekastmes 100g/130g</li> <li>Keedetud kartul 100g/130g</li> <li>Rukkileib 20g/35g</li> <li>Porgandisalat seesami-seemnetega 40g/50g</li> <li>Joogijogurt 120g/200g</li> </ul>	<ul style="list-style-type: none"> <li>Peedisupp veiselihast, maitserohelisega 200g/250g</li> <li>Hapukoor 10g/15g</li> <li>Rukkileib 20g/35g</li> <li>Jogurtitarretis 100g/120g</li> <li>Keedis 15g/20g</li> </ul>	<ul style="list-style-type: none"> <li>Ühepajatoit hakklihaga (sea-veisehakkliha) 120g/150g</li> <li>Täistealeib 15g/25g</li> <li>Küpsisepuru 10g/20g</li> <li>Kissell marjadest 120g/180g</li> </ul>
Puuviljad	<ul style="list-style-type: none"> <li>Pirn (PRIA) 50g/60g</li> </ul>	<ul style="list-style-type: none"> <li>Õun (PRIA) 50g/60g</li> </ul>	<ul style="list-style-type: none"> <li>Pirn (PRIA) 50g/60g</li> </ul>	<ul style="list-style-type: none"> <li>Banaan 60g/80g</li> </ul>	<ul style="list-style-type: none"> <li>Õun (PRIA) 50g/60g</li> </ul>
Õhtuode	<ul style="list-style-type: none"> <li>Kanasupp nuudlitega maitserohelisega 150g/200g</li> <li>Teraleib 15g</li> </ul>	<ul style="list-style-type: none"> <li>Kartulipuder 120g/180g</li> <li>Leib 15g</li> <li>Soe mahlajook 120g/200g</li> </ul>	<ul style="list-style-type: none"> <li>Pannkoogid 60g/90g</li> <li>Keedis 15g/20g</li> <li>Piim (PRIA) 120g/200g</li> </ul>	<ul style="list-style-type: none"> <li>Makaronid võiga 120g/180g</li> <li>Tee sidruniga 120g/200g</li> </ul>	<ul style="list-style-type: none"> <li>Kakaokohupiimakreem 80g/120g</li> <li>Keedis 15g/20g</li> <li>Ploominektar 120g/200g</li> </ul>

### The meanings of the colors in the menu - värvide tähendused menüüs

with pork - sealihaga

with beef - loomaliha

with chicken - kanaliha

with fish - kalaga

different meats - erinevad lihad

without meat - lihata